

# PHYSICAL CAPABILITY ASSESSMENT

CLAIMANT _____	CLAIM NUMBER _____
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	NEVER	OCCASIONALLY (1-3 HOURS)	FREQUENTLY (3-5 HOURS)	CONTINUOUSLY (5-8 HOURS)
<b>1. IN AN 8 HOUR DAY THE PATIENT MAY:</b>				
<b>A. LIFT —</b>				
Sedentary Up to 10 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Light Up to 20 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medium Up to 50 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heavy Up to 100 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very Heavy In excess of 100 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>B. CARRY —</b>				
Sedentary Up to 10 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Light Up to 20 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medium Up to 50 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heavy Up to 100 lbs. maximum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very Heavy In excess of 100 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. A. SIT .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. STAND .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. WALK .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D. BEND .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E. PUSH .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F. PULL .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
G. TWIST .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H. CLIMB .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I. BALANCE .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
J. STOOP .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
K. KNEEL .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L. CROUCH .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
M. CRAWL .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
N. REACH .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. PATIENT CAN USE HANDS FOR SUCH REPETITIVE ACTION AS: (Check the appropriate response)

<b>SIMPLE GRASPING</b>	<b>FINE MANIPULATION</b>	<b>PUSH/PULL</b>
RIGHT <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
LEFT <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

<p>4. PATIENT CAN PERFORM THE FOLLOWING ACTIVITIES:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">OPERATE A MOTOR VEHICLE .....</td> <td style="width: 5%;">Yes</td> <td style="width: 15%;">No</td> </tr> <tr> <td>USE FEET TO OPERATE FOOT CONTROLS .....</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td style="padding-left: 100px;">RIGHT .....</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td style="padding-left: 100px;">LEFT .....</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>WORK AROUND MOVING MACHINERY .....</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>TOLERATE COLD/HOT EXTREMES .....</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>TOLERATE MARKED CHANGES IN TEMPERATURE AND/OR HUMIDITY ..</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>TOLERATE EXPOSURE TO DUST/FUMES/GASES .....</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </table>	OPERATE A MOTOR VEHICLE .....	Yes	No	USE FEET TO OPERATE FOOT CONTROLS .....	<input type="checkbox"/>	<input type="checkbox"/>	RIGHT .....	<input type="checkbox"/>	<input type="checkbox"/>	LEFT .....	<input type="checkbox"/>	<input type="checkbox"/>	WORK AROUND MOVING MACHINERY .....	<input type="checkbox"/>	<input type="checkbox"/>	TOLERATE COLD/HOT EXTREMES .....	<input type="checkbox"/>	<input type="checkbox"/>	TOLERATE MARKED CHANGES IN TEMPERATURE AND/OR HUMIDITY ..	<input type="checkbox"/>	<input type="checkbox"/>	TOLERATE EXPOSURE TO DUST/FUMES/GASES .....	<input type="checkbox"/>	<input type="checkbox"/>	<p>5. HAS PATIENT REACHED MAXIMUM MEDICAL IMPROVEMENT?</p> <p style="text-align: center;"><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <hr/> <p>6. WORK HOUR RESTRICTIONS:</p> <p><input type="checkbox"/> FULL TIME</p> <p><input type="checkbox"/> PART TIME</p> <p style="padding-left: 20px;">_____ HOURS/DAY</p> <p style="padding-left: 20px;">_____ DAYS/WEEK</p>
OPERATE A MOTOR VEHICLE .....	Yes	No																							
USE FEET TO OPERATE FOOT CONTROLS .....	<input type="checkbox"/>	<input type="checkbox"/>																							
RIGHT .....	<input type="checkbox"/>	<input type="checkbox"/>																							
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TOLERATE MARKED CHANGES IN TEMPERATURE AND/OR HUMIDITY ..	<input type="checkbox"/>	<input type="checkbox"/>																							
TOLERATE EXPOSURE TO DUST/FUMES/GASES .....	<input type="checkbox"/>	<input type="checkbox"/>																							

7. DATE PATIENT WILL BE ABLE TO PERFORM ABOVE WORK CAPABILITIES \_\_\_\_\_

8. COMMENTS \_\_\_\_\_

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EXAMINER'S NAME _____	EXAMINER'S SIGNATURE _____	DATE _____
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